

# Ruthe Rosen Author, Speaker and Family Advocate

Find hope and inspiration in adversity.

Learn to turn your pain into purpose.

Transform your life and the lives of others.



## About Ruthe

A powerful and unforgettable voice for families struggling with the life-threatening illness of a child, Ruthe Rosen made the courageous decision to turn her pain into purpose. When her vibrant, active, fourteen year old daughter Karla was diagnosed with an inoperable, incurable brain tumor, and given only a year to live, Ruthe realized she had two choices: she could either allow the hopelessness, anger and fear that were threatening to consume her, steal what little time she had left with her child; or she could will herself to face this terrible reality head on and let the faith that had always sustained their entire family help them to find the miracle hidden in the journey ahead. For Ruthe Rosen, that choice was obvious.

“ She eloquently and compassionately brought home the idea of "giving back" to the community. I recommend any group to use Ruthe as a keynote speaker. Her message crosses all boundaries and everyone can relate to it. -Cynthia Moran, President, PTSA ”

## Speaking Highlights

*For parents and families coping with a sick loved one:*

- ◆ How to restore normalcy in the midst of fear and unimaginable chaos
- ◆ How to prepare for loss and do everything you can to avoid regret if you have to let go

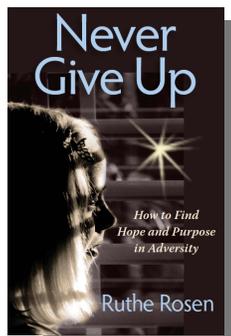
*For healthcare professionals:*

- ◆ Why you must never let the cynicism of percentages eclipse what your patients need most—100% hope
- ◆ How symptoms don't always tell the whole story, and the importance of allowing your patient's voice to be heard when planning the direction of treatment

*For anyone who wants to make a difference:*

- ◆ How the simple act of kindness can turn into your life changing moment
- ◆ How your sincere gesture requires that you be specific in your offer and follow through

“ The perspective and strength that she provides as she unfolds her story is compelling and filled with joy. [Ruthe Rosen] is worth listening to. -Dr. James M. Lally, DO, MMM, President and Chief Medical Officer, Chino Valley Medical Center ”



**Never Give Up**  
How to Find Hope and Purpose in Adversity  
by Ruthe Rosen  
Cypress House Publishing

**I chose to turn my pain into purpose. I will show you how to use YOUR life experiences to impact the lives of others. Contact me today.**

As featured on:

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## “Meaningful Lessons”

Drawing upon the wisdom she acquired from living with Karla’s illness and the events that have led her to her current life’s work, Ruthe Rosen shares her story with live audiences, offering insight, advice, and comfort. Ruthe is a woman of character and dignity whose kindness and generosity sets her apart. These, combined with her profound personal experience, make her a sought-after speaker who can help transform lives.



## Keynote Series

### **The Art of Compassion**

*Audience: Doctors, nurses, hospital staff, and other health-care professionals who work with seriously ill or disabled*

“Ruthe’s talk, ‘The Art of Compassion,’ brings sensitivity training to a whole new level.”

### **Maintaining Normalcy During the Journey, Letting Go and Moving on With Grace**

*Audience: Professional associations, parents and families coping with a sick loved one*

“The wisdom they gained about courage, faith, hope, compassion, and dignity comprise the core of Ruthe’s talk.”

### **The Importance of Community Service/Outreach**

*Audience: Professional associations, corporations, nonprofits, schools, church groups and service organizations*

“Ruthe’s experience with community involvement will inspire, educate and provide the specific tools for each and every audience member to make a difference in someone else’s life.”

## Learned Wisdom

*“No matter how dark your struggle, if you don’t embrace every single moment of it, you will miss the opportunity to find joy and purpose.”*

*“Just because a circumstance beyond your control takes away some of your choices, doesn’t mean it’s taken away all of your choices. Make the ones still available to you.”*

*“Learning to let go isn’t about accepting loss, it’s about letting the person you love live life to the fullest, even when it means sharing them with others.”*



## Awards and Recognition

- 2008:** “Chino Hills Community Heroes” as NPO co-founder (City of Chino Hills)
- 2009:** “Outstanding Citizens of the Year” as NPO co-founder (Champion Newspapers)
- 2009:** “Making a Difference for Women Award” (Soroptimist International of Chino Valley)
- 2010:** Selected as “All Star Among Us” to represent the LA Angels (MLB and PEOPLE Magazine)

### Previous **Speaking** Engagements:

43rd Annual Anaheim YMCA Good Friday Breakfast  
Chino Valley Unified School District Nurses  
City of Chino Hills  
Don Lugo High School  
Inland Hills Church  
Kiwanis International  
Magnolia Jr. High  
Ontario Christian Middle School  
PTSA Honorary Service Awards  
Rancho Del Chino Rotary  
Soroptimist International  
Walnut Valley Rotary  
*various foundation events...*

### Contact Ruthe

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